

NEEDED SUPPLIES

***IN ORDER TO PASS THRU CUSTOMS ALL ITEMS MUST BE ALCOHOL-FREE INCLUDING MOUTH WASH, ETC.**

FOOD ITEMS:

- NON-PERISHABLE FOODS
- SOUPS WITH POP-TOP LIDS
- INDIVIDUAL BOXED OR BAGGED ITEMS
- MINTS/ HARD CANDY
- NON-PERISHABLE SNACK ITEMS
- GRANOLA BARS
- CHEF BOYARDEE WITH POP-TOP LIDS
- FRUIT SNACKS
- CHEWING GUM
- POWER BARS/ ENERGY BARS
- PRETZELS
- CRACKERS
- COOKIES
- INDIVIDUAL BOXES OF CEREAL

HEALTHCARE ITEMS:

- SHAMPOO/ CONDITIONER
- RAZORS
- BODY WASH
- HAND WIPES (ALCOHOL FREE)
- SUNBLOCK
- BUG SPRAY
- LOTION
- TOOTHPASTE/ TOOTHBRUSH
- BRUSH-UPS

SUPPLY ITEMS:

- FLASH LIGHTS
- BATTERIES (AA ARE MOST POPULAR)
- PILLOWS
- DUCT TAPE
- WHITE SOCKS
- WATER- PROOF MATCHES
- LONG UNDERWEAR

MORALE BOOSTER ITEMS:

- AT&T PHONE CARDS (NEEDED FOR USE IN IRAQ AND MOST OTHER COUNTRIES)
- DVDS AND CDS (CAN BE NEW OR USED)
- OLD CELL PHONES THAT WE CAN RECYCLE FOR PHONE CARD MONEY
- BUSINESS SIZE ENVELOPES
- POCKET-SIZED NOTEBOOKS
- MAGAZINES
- PUZZLE BOOKS
- DISPOSABLE CAMERAS (THE TROOPS CAN TAKE PICTURES AND THEN SEND THEM HOME TO US!)